

Perinatal Clinical Psychology as Support to Primary Relationships for Parents Raising and Infant Mental Development

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Abstract

Clinical Psychology of the Faculty of Medicine of the University of Brescia developed Perinatal Clinical Psychology researches (Imbasciati, Dabrassi, Cena, 2007) and clinical interventions.

Perinatal Clinical Psychology refers to some different theoretical concepts of psychoanalytic and psychological sciences: Perinatal Clinical Psychology takes care of perinatal psychology, infant psychic development, primary parent-child relationship and deals about the problems related to the generativity and parenting projects of the woman and the couple during prenatal and neonatal period. Its aims are promoting protective factors and preventing risk elements for the child's development and for parents raising as support to the primary relationships. Perinatal clinical Psychology studies the intrapsychic, interpersonal and trans-generational mental processes.

In this report we present a short synthesis of the origin and development of the main concepts that are used in our perinatal researches and in the Clinical Psychology interventions.

Keywords

mother-child relationships, infant mental development, emotional regulation, foetal mind, affect attunement, responsive sensitivity, reverie, reflective function, affect regulation, Neuroscience, Protomentality Theory.