

Bright Start¹: Metakognitív, mediációs tanulási tantervkisgyermek számára

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Abstract: Bright Start is an educational program designed to help preschool and some primary grades children to acquire and apply basic cognitive and metacognitive operations, and thereby to develop effective tools for learning the academic content of the early school grades. Developed originally for normally developing children from families of low socio-economic status (therefore at risk of school failure), the program has also been applied successfully with children who have various handicapping conditions, including mental retardation, learning disabilities, psychiatric disorders, autism and pervasive developmental disorders, as well as culturally and linguistically different children. The program is described with respect to its theoretical basis, its content and organization, its teaching style, its applications in several countries, and its empirical evaluation. Data are presented demonstrating its effectiveness for enhancing cognitive development and intrinsic motivation for learning, and for increasing the effectiveness of school learning.

Keywords: metacognitive operations, cognitive modifiability, mediated learning