

The Role of Perceived Social Support in Prediction of Students' Hopelessness

IMAN SEYYEDMOHARRAMI¹

SAJEDEH SOKHANVAR²

MOHAMMADJAVAD ASGHARI EBRAHIMABAD³

Abstract

Social support is an effective factor in people's lives. The present study has evaluated the relationship between perceived social support and hopelessness in students. For this purpose, a sample of 466 students from high school students was selected through Multistage cluster sampling. The perceived social support scale and the Beck hopelessness scale were used to collect the data. Data were analyzed using correlation statistical method. The results showed a reverse and significant correlation between perceived social support and hopelessness among students ($r=-0.25$, $p<0.05$). Also perceived social support could predict 38% of hopelessness among students. Students' perceived social support is likely to be effective in reducing hopelessness and pessimism towards themselves, the world and the future.

Keywords

Students, Perceived Social Support, hopelessness

¹ Ph.D. Student of counseling, Ferdowsi University of Mashhad, Department of Psychology, Mashhad, Iran.

² MSc of Counseling, Ferdowsi University of Mashhad, Mashhad, Iran.

³ (Corresponding Author) Assistant Professor of Psychology, Department of Psychology, Ferdowsi University of Mashhad, Mashhad, Iran.; E-mail address: mjasghari@um.ac.ir.; Tel:09155137176