

A Nationwide Study of Mental Health and Social Support among Romanian Adolescents Transitioning to Adulthood

ANNA EMESE VINCZE¹

DÉGI LASZLÓ CSABA²

MÁRIA ROTH³

TEODOR PAUL HĂRĂGUŞ⁴

Abstract

The present study examines components and factors associated with mental health among Romanian adolescents transitioning to adulthood, within the context of family, peers, and school. A nationally representative sample of 3,524 high school seniors was included in our study. A self-administered online questionnaire assessed negative affect, positive resources and social support. Romanian adolescents reported average mental health. Inequalities in mental health were mostly related to low socio-economic background, lack of appropriate social cohesion.